



~ EMPTY NESTING FAMILIES ~

Wondering what's next? Check out these resources to help you!

<https://catholiccounselors.com/feathering-your-empty-nest/>

<http://www.catholicfamilyfaith.org/empty-nest.html>

<https://todayscatholic.org/keeping-a-marriage-holy-in-the-empty-nest-stage/>